Date:  
  
**WELCOME TO FIIT30!!**  
  
Our FIIT30 packs allow you to enjoy Fernwood’s HIIT-based small group training program, designed exclusively to deliver serious results in a seriously short time.  
  
**Name:  
Member Number:  
FIIT30 sessions purchased:   
Sessions expire:**  
  
When you purchase a pack, you will automatically be allocated your chosen number of sessions. We suggest that you make a ‘standard’ weekly booking for your training sessions. If this isn’t your style, simply contact reception weekly and they will help you with your booking. We have a ‘fair-play’ booking policy whereby we ask that you provide at least 4 hours’ notice to cancel a booked session.   
  
A cancellation within 4 hours will mean you forfeit that session. [A $5 fee will apply] **OR** [A fee may apply] for no-shows and late cancellations. If for any reason we are unable to provide a trainer for a session you have booked, we will make every effort to contact you to re-book, and if not possible, honour that session at a later date that suits you.  
  
Any unused sessions will not be refunded and will expire after a period of 6 months. Therefore, you will need to ensure that your purchased sessions are used within the 6-month period after purchase. Also, if you cease to become a member for any reason your sessions will automatically expire and will not be refunded.

Member Signature:

Date:

Staff Signature:

Date: